

# Allegheny Mountain YMCA/YWCA Masters Swimming Association

## 1650 Freestyle Mail-in Swim Meet Form

All participants in the 1650 freestyle Mail-in/Swim Meet\*\* must be AMYMSA members. This form may be acquired from any Team Rep, League Officer, or website ([www.amymssa.org](http://www.amymssa.org)).

The 1650 Freestyle event must be completed as follows:

1. Cost: \$7.00 Check made payable to AMYMSA.
2. Date: Between September 6, 2011 and March 4, 2012
3. Lengths: 66 lengths of a regulation 25-yard pool.  
82 1/2 lengths of a 20-yard pool.  
60 lengths of a 25-meter pool.
4. Official: Each swimmer must have a timer/lap counter.
5. Equipment: Timers must use a digital stopwatch and record times to .01 second.
6. Deadline: Must be postmarked no later than March 5, 2012

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Name: \_\_\_\_\_ Team Name: \_\_\_\_\_ (as Bdffd, not Bradford)

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: Days: \_\_\_\_\_ Evenings: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Date and location of swim: \_\_\_\_\_

Time: \_\_\_\_\_: \_\_\_\_\_: \_\_\_\_\_

Swimmer's Signature: \_\_\_\_\_

Team Rep's Signature: \_\_\_\_\_

Lap counter/timer's Signature: \_\_\_\_\_

\*\* This meet is a requirement for the Iron-Person competition.